

**PANORAMIC SPA  
TREATMENTS**



HOTEL LA PALMA  
STRESA ★ ★ ★ ★

The Panoramic Spa is a place to regain **energy** and **vitality** for both body and mind, a place to regenerate sight, bones, muscles and soul.

Here, **wellness** is an **experience** that envelops you completely, starting with your eyes, which can enjoy an incredible **panoramic view** of the lake and gardens, and reaching your whole body, which can experience the pleasure of true relaxation, passing from the **whirlpool bath** at the Sky Pool to the heat of the **sauna** and **steam**, from the benefits of the **Scottish shower** to the **emotional showers** and finally resting in the **salt room**.

You can request the treatment that best suits your needs, whether for a single occasion or for several days, to turn your stay into an **energising** and **health-promoting experience**.

All our wellness treatments include the use of **Comfort Zone** products, Italian excellence in the world of beauty products for professional use and always at the forefront of sustainable production (B CORP® Certification).

Comfort Zone cosmetic products feed and nourish your skin and for this reason they are created by selecting the best active ingredients of natural origin, the most advanced molecules and conveyance systems.

They are free of silicones, parabens, mineral oils, artificial colours and animal derivatives.

We have chosen Made in Italy quality to guarantee our guests the maximum effectiveness, safety and sensoriality of their experience.

**[ comfort zone ]**

conscious skin science

*For bookings please contact Reception  
(from the room by dialling 9)*

## BODY TREATMENTS

### DETOX & DRAIN

Intensive draining and detoxifying cellulite treatment with Velona Castel thermal water and essential oils.

50 min € 100,00

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### MONTALCINO MUD

Detoxifying and fast and visible remodeling thanks to the synergy of the mud and the thermal water of the Velona Castle and double action intensive thermogenic cream.

30 min € 70,00  
50 min € 100,00

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### EXPRESS BANDAGING

Deep purification and draining booster for heavy legs due to edematous cellulite.

30 min € 70,00

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### THERMO EXPRESS

Intensive express treatment with thermogenic action, indicated in order to correct the the most marked and resistant imperfections of cellulite.

30 min € 70,00



## FACE TREATMENTS

### ESSENTIAL EXPRESS

Deeply cleanses, exfoliates, eliminates impurities and imperfections for a glowing skin.

50 min € 90,00

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### SUPER PEEL

Multi-active peeling treatment for all skin types, deep exfoliation and skin renewal.

It gives immediate smoothness and brightness to the skin for a young and healthy look.

50 min € 100,00

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### ULTRA GLOW PEEL

Intensive peeling to give a uniform and radiant skin, brightness against a dull tone and dark spots.

Deep renewal ensures immediate cell turnover and an intense lightening action.

50 min € 100,00

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### PRO-LIFT

Redensifying and lifting anti-aging face and neck treatment. The specific Kobido massage gives fullness and redefines the volumes of the face.

50 min € 100,00

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### HYDRAMEMORY

Deep hydration with hyaluronic acid mask and massage with brushes for a fresh and radiant skin.

50 min € 90,00

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### REMEDY

Renewing, fortifying and soothing with Prebiotics and Marula Oil for fragile skin and prone to redness.

50 min € 90,00

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### RENIGHT RECOVER TOUCH

Multi-vitamin nourishing treatment for face, neck and décolleté, repairs and protects.

50 min € 100,00

## RITUALS

### SLEEP RITUAL

A wonderful massage that acts on three sensory pathways and promotes sleep and psycho-physical rebalancing, with slow, sweeping movements that caress the body. To be performed after 5 p.m.

50 min € 100,00

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### TRANQUILLITY RITUAL

Aromatherapy connective massage.  
It acts on muscle contractions and against tension.

50 min € 100,00

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### SALT MASSAGE

With Himalayan salt, ideal for an intense purifying and revitalizing action. Detoxes and strengthens the effect of remodeling treatments.

50 min € 100,00



## MASSAGES

### TOTAL BODY MASSAGE

Rebalancing, regenerating, detox massage. **50 min € 90,00**

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### FACE MASSAGE

Beauty treatment that gives tone, shine and elasticity to the face. **30 min € 60,00**

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### BACK OR NECK OR LEGS MASSAGE

For a rebalancing action on back or neck or legs. **50 min € 90,00**

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### CRANIOSACRAL MASSAGE

Gentle massage, deeply acting on the nervous system, and giving wellness and harmony. **30 min € 60,00**

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### ANTISTRESS MASSAGE

Full body massage that reduces pains due to stiffness and muscle contractures. **50 min € 90,00**

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### HAWAIIAN MASSAGE

Embracing full body massage, which enhance deep regeneration. **50 min € 90,00**

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### DECONTRACTING MASSAGE

It disinfects and drains toxins and lactic acid: decontracting and anti-fatigue full body massage. **50 min € 90,00**

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### BRIDE MASSAGE

Massage with warm oils and scented essences which stimulate circulation and nervous balance by giving psychosomatic well-being, particularly indicated after a day full of emotions. **50 min € 90,00**

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### PREGNANT WOMAN MASSAGE

A cuddle for expectant women. **50 min € 90,00**  
Improvement of sleep and rest, improvement of blood circulation, reduction of anxiety, muscle tension swelling and water retention.

## BEAUTY TREATMENTS

Manicure with nail polish _____	45 min	€ 55,00
Nail polish hands _____	30 min	€ 35,00
Nail polish feet _____	30 min	€ 35,00
Aesthetic pedicure with nail polish _____	45 min	€ 55,00

### *Epilation*

Groin _____	15 min	€ 20,00
Total groin _____	30 min	€ 30,00
Half leg _____	30 min	€ 45,00
Total depilation (legs and groin) _____	80 min	€ 100,00
Upper lip and eyebrows _____	30 min	€ 25,00
Armpits _____	10 min	€ 25,00
Arms _____	30 min	€ 30,00
Back _____	30 min	€ 40,00
Chest _____	30 min	€ 40,00
Back and chest _____	60 min	€ 60,00

